



FOR IMMEDIATE RELEASE:

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Request for media

Surf's Up for Inner-City Youth!

What: STAR/PAL's Annual Surf Clinic

STAR/PAL's Annual Surf Clinic brings together law enforcement officers, firefighters & lifeguards from a variety of agencies in San Diego County to teach 50 boys & girls the fundamentals of surfing while learning about water safety. Youth (9-13 years old) have been selected from underserved communities to participate in the program.

When: FRIDAY, August 27, 2010 (Rain or Shine)

- 9:30am- 10:00am: Registration begins
- 10:00am-10:20am: Introduction and water safety /surf lesson
- 10:20am-11:45am: Free Surf with volunteers
- 11:45am-1:00pm: Lunch & games
- 1:00pm-2:00pm: Free Surf with volunteers

Where: Silver Strand State Beach

5000 Highway 75, Coronado, CA, 92118

Why: Law enforcement program directors from STAR/PAL and other dedicated volunteers from partner agencies educate youth about water safety, as well as the importance of living an active and healthy lifestyle through outdoor enrichment activities. By interacting with police and probation officers through positive activities, youth often find them to be relatable role models. These relationships help deter youth from negative peer influences.

Who: **Participants:** 50 boys & girls selected from inner-city neighborhoods, Child Welfare Services, and the Monarch School for homeless youth.

Sponsored By: The Port District of San Diego. With their sponsorship, STAR/PAL was able to purchase rash guards for participating youth to encourage future involvement in water-related activities.

Organized By: STAR/PAL, San Diego's Police Athletic League, is a non-profit organization dedicated to providing thousands of underserved youth in San Diego with free educational, athletic, and recreational programs. STAR/PAL officers from the San Diego Police Department and the San Diego County Probation Department provide a variety of programs at the STAR/PAL facility, at schools, and other off-site locations to help keep kids safe, in school, and away from juvenile crime & violence.

STAR/PAL brings youth and law enforcement together today...to build safer communities tomorrow.

www.starpal.org